

Interview Workshop – Reflection Activity

Fill in your responses below and submit when complete for review and feedback.

1. What is one thing you can do to help you calm your nerves before going into an interview?

2. What are three commonly asked interview questions that you have struggled with? Write your responses to the questions.

- a. Question:

Response:

- b. Question:

Response:

- c. Question:

Response:

3. Pick one of the following job requirements below. Remembering the STAR method (S-situation, T-task, A – Action, R- Result), describe a situation where you have demonstrate that skill.
- i. Provide good customer service
 - ii. Solve problems
 - iii. Work as a team member to finish a project
 - iv. Prioritize tasks on a daily basis

4. Write a simple “thank you” letter you could send following your next interview. (refer to <https://www.glassdoor.com/blog/guide/how-to-write-a-thank-you-letter/> for tips)